

Cultural Competence Self-Awareness Assignment

Go to the National Center for Cultural Competency website at Georgetown University:

<http://gucchd.georgetown.edu/nccc/>

Click on *Tools and Processes for Self-Assessment* and then click on *Cultural Competence Health Practitioner Assessment (CCHPA)*.

Overview/Purpose

The Cultural Competence Health Practitioner Assessment (CCHPA) was developed at the request of the Bureau of Primary Health Care (BPHC), Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services (DHHS). The CCHPA is intended to support the BPHC, and its funded programs, to enhance the delivery of high quality services to culturally and linguistically diverse individuals and underserved communities. It is also intended to promote cultural and linguistic competence as essential approaches for practitioners in the elimination of health disparities among racial and ethnic groups.

Conceptual Framework of the CCHPA

The CCHPA is based on three assumptions: (1) cultural competence is a developmental process at both the individual and organizational levels; (2) with appropriate support, individuals can enhance their cultural awareness, knowledge and skills over time; and (3) cultural strengths exist within organizations or networks of professionals but often go unnoticed and untapped (Mason, 1996). The process of cultural competence assessment can benefit practitioners by heightening awareness, influencing attitudes toward practice, and motivating the development of knowledge and skills. The process also benefits organizations by informing planning, policy-making, resource allocation and training/professional development activities. **The CCHPA captures a wide range of data in its six subscales including: /Values & Belief Systems, Cultural Aspects of Epidemiology, Clinical Decision-Making, Life Cycle Events, Cross-Cultural Communication and Empowerment/Health Management/.** Assessment of practitioners is only one aspect of examining cultural and linguistic competence within an organization, and should not be used in isolation. Cultural and linguistic competence must therefore be assessed and infused at every level of an organization including policy-making, administrative, practice/service delivery, consumer, and community levels (modified from Cross, et al. 1989).

For more information about self-assessment tools & processes see:

<http://gucchd.georgetown.edu/nccc/selfassessment.html>

[Begin the Cultural Competence Health Practitioner Assessment](#)

Begin the assessment process. Please print out the list of resources that were recommended to enhance your cultural and linguistic competence. Read one article from the resources list in **each of the six subscales**. Write a brief summary of each article. Describe the most important lessons you learned from reading each article and how the content or lessons learned relate to genetic counseling (summary should be no longer than one page/article or resource).